



Clinique dentaire  
Gervais & associés inc.

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## Post-operative instructions : Gum graft

1. Rinse your mouth with the mouth wash prescribed. Avoid brushing your teeth close to the 2 wounds;
2. Take 600 mg Motrin (or any other analgesique) every 4-6 hours for the first 3 days;
3. When the dressings fall down, don't put them back in place. Just throw them away;
4. Avoid intense physical activity for the first 2 days;
5. Non absorbable suture material is employed. You have to come back 1 week after the surgery to have the stitches removed. If they fall down by themselves, don't worry. It happens frequently;
6. Avoid acidic and salty food for the first 3 days;
7. For questions or verification, call us at 450-656-5016 #1.